Physical Education-Physical Education Teacher Emphasis, A.A.

Degree Offered

- Associate of Arts

Nature of the Program

Physical educators make an impact on the health, well-being, and quality of life of future generations. The Physical Education Teacher Education program at Potomac State College prepares students to teach, motivate, and shape the lives of Pre-K through adult learners in physical education, movement, wellness, and sport-based environments.

Students in the PETE program learn to use and integrate technology into their classwork, as well as how to design and deliver physical education programs. Upon program completion, graduates are prepared to apply to four-year PETE programs to pursue their bachelor's degree.

Career Opportunities

Program graduates are physical activity and wellness leaders in their schools, communities, and states who promote healthy, active lifestyles for children and adults alike. The program has high expectations for our students and expects them to be engaged in the major while becoming proficient teachers at all levels and in all contexts.

FACULTY

CHAIR

- Cassandra Pritts - M.A. History
  Year @ PSC (2011)

ASSOCIATE PROFESSORS

- Doug Little - M.S. Physical Education
  Year @ PSC (1999)
- Donald Schafer - M.S. Physical Education
  Years @ PSC (2017)

Admissions

Entering freshmen are admitted directly into the major.

Benchmark Requirements

Students planning to continue at WVU-Morgantown must earn a grade of C- or higher in all courses, have at least a 2.5 overall GPA, and meet all other PETE admission requirements and deadlines (http://catalog.wvu.edu/undergraduate/collegeofappliedhumansciences/schoolofcounselingandwellbeing/physicaleducationkinesiology/#admissionsrequirementstext). Admission is competitive.

General Education Foundations

Please use this link to view a list of courses that meet each GEF requirement. (http://registrar.wvu.edu/gef/)

NOTE: Some major requirements will fulfill specific GEF requirements. Please see the curriculum requirements listed below for details on which GEFs you will need to select.

Code	Title	Hours
General Education Foundations		
F1 - Composition & Rhetoric		3-6
ENGL 101 & ENGL 102	Introduction to Composition and Rhetoric and Composition, Rhetoric, and Research	
or ENGL 103	Accelerated Academic Writing	
F2A/F2B - Science & Technology		4-6
F3 - Math & Quantitative Reasoning		3-4

F4 - Society & Connections	3
F5 - Human Inquiry & the Past	3
F6 - The Arts & Creativity	3
F7 - Global Studies & Diversity	3
F8 - Focus (may be satisfied by completion of a minor, double major, or dual degree)	9
Total Hours	**31-37**

Please note that not all of the GEF courses are offered at all campuses. Students should consult with their advisor or academic department regarding the GEF course offerings available at their campus.

Curriculum Requirements

Code	Title	Hours
GEF Requirements (2, 3, 5, 6, and 8)		19
WVUE 191	First Year Seminar	1
ENGL 101 & ENGL 102	Introduction to Composition and Rhetoric and Composition, Rhetoric, and Research (GEF 1)	6
PET 101	Games in American Culture (GEF 4)	3
PET 124	Human Body: Structure and Function	2
PET 125	Principles of Human Movement	2
PET 167	Introduction to Physical Education	3
or ACE 106	Athletic Coaching Education	
PET 175	Motor Development	2
PET 244	Motor Learning and Performance	2
PET 276	Adapted Physical Education	2
Select one of the following tracks:		**9**
Track 1:		
SEP 272	Introduction to Sport and Performance Psychology	
SEP 371	Sport in American Society	
SEP 373	African Americans in Sports	
Track 2:		
CDFS 110	Families Across the Life Span	
Select two of the following:		
CDFS 112	Introduction to Family Processes and Dynamics	
CDFS 210	Introduction to Parenting	
CDFS 212	Foundations of Human Development: Infancy Through Childhood	
Track 3:		
CDFS 110	Families Across the Life Span	
Select two of the following:		
CDFS 210	Introduction to Parenting	
CDFS 211	Infant Development	
CDFS 212	Foundations of Human Development: Infancy Through Childhood	
Electives		9
Total Hours		**60**

* Students planning to continue at WVU-Morgantown must earn a grade of C- or higher in all courses and have at least a 2.5 overall GPA.

Suggested Plan of Study

First Year

Fall	Hours	Spring	Hours
PET 124	2	ENGL 101 (GEF 1)	3
PET 167 or ACE 106	3	PET 125	2
PET 175	2	Elective	3

WVUE 191	1	GEF 5	3
GEF 3	3	Track Elective	3
GEF 6	3		
	14		**14**

Second Year

Fall	Hours	Spring	Hours
ENGL 102 (GEF 1)	3	PET 276	2
PET 101 (GEF 4)	3	GEF 8	3
PET 244	2	GEF 8	3
GEF 2	4	Track Elective	3
Track Elective	3	Elective	3
		Elective	3
	15		**17**

Total credit hours: 60

Major Learning Outcomes

PE - TEACHER EDUCATION

The goal of the program is for students to possess the skills to teach, motivate, and shape the lives of Pre-K to adult learners in physical education, movement, wellness, and sport-based environments.

- Content Knowledge – Students will demonstrate knowledge and disciplinary concepts related to the promotion of physical education and physical activity.
- Reflection and Critical Thinking – Students will demonstrate reflection and critical thinking in order to refine professional practice.
- Programming and Assessment – Students will demonstrate evidence-based knowledge and skills (and best practices) for assessing student needs and for designing, implementing and evaluating lesson plans and programs.
- Professionalism and Ethics – Students will demonstrate professional behaviors, including commitment to excellence, valuing diversity and collaboration, service to others, and techniques for lifelong learning.
- Technology – Students will be able to demonstrate the use of different forms of technology to enhance and assess student learning.