Athlete Empowerment Through Positive Coaching

Athlete Empowerment Through Positive Coaching

CERTIFICATE CODE - CG73

The **Athlete Empowerment Through Positive Coaching** graduate certificate program equips coaches with specialized skills to enhance athlete empowerment and effectiveness. Participants refine teaching methods, embrace lifelong learning, understand motivation, and prepare for leadership roles. With a focus on positive dynamics, youth development, inclusivity, and ethics, graduates inspire athletes, prioritize well-being, navigate complex environments, and contribute positively to the sporting community.

Course Requirements: Students must have a cumulative GPA of 2.75 to graduate from the program. Each required class must be completed with a grade of a C- or better. Graduate students with a cumulative grade point average (GPA) below 2.75 will be placed on academic probation.

Code	Title	Hours
ACE 508	The Sport Coaching Profession	3
ACE 585	Applied Professional Development	3
Select two of the following:		6
ACE 518	Psychology of Coaching	
ACE 530	Coaching Education Administration	
ACE 539	Creating a Healthy Competitive Environment	
ACE 541	Positive Youth Development in Sport	
SM 580	Social and Ethical Responsibility in Sport	
Total Hours		**12**

Certificate Learning Outcomes

ATHLETE EMPOWERMENT THROUGH POSITIVE COACHING

1. Students will apply positive coaching methodologies, fostering athlete empowerment, mental resilience, and character development to elevate team performance and athlete well-being.
2. Students will leverage insights from the psychology of coaching to enhance athlete motivation, mental skills, and overall personal development, ensuring athletes achieve their full potential on and off the field.
3. Students will integrate sociocultural awareness and ethical considerations into coaching practices, creating inclusive team dynamics and upholding the highest standards of sportsmanship and integrity.