## Sport and Exercise Psychology

### Minor Code - U056

A grade of C or higher must be earned in all minor courses

<table>
<thead>
<tr>
<th>REQUIRED COURSES</th>
<th></th>
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<tbody>
<tr>
<td>SEP 271       Sport in American Society (Pre-requisite Courses)</td>
<td>3</td>
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<tr>
<td>SEP 272       Psychological Perspectives of Sport (Pre-requisite Course)</td>
<td>3</td>
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</table>

Choose three of the following: 9

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
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<tbody>
<tr>
<td>SEP 373</td>
<td>African Americans in Sports</td>
<td></td>
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<tr>
<td>SEP 383</td>
<td>Exercise Psychology</td>
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<tr>
<td>SEP 385</td>
<td>Social Psychology of Sport</td>
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<tr>
<td>SEP 420</td>
<td>Sport Performance Enhancement (Can only be taken in summer for minor)</td>
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<tr>
<td>SEP 425</td>
<td>Psychological Aspects of Sport Injury</td>
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<tr>
<td>SEP 493</td>
<td>Special Topics (Must be 3 credit hour course)</td>
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<tr>
<td>COUN 303</td>
<td>Introduction to Helping Professions</td>
<td></td>
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Total Hours 15