Health and Well-Being, B.A., B.S.

Degree Offered

- Bachelor of Arts
- Bachelor of Science

Students may not earn a B.A. and a B.S. in Health and Well-being.

Nature of the Program

If you are passionate about helping others and have an interest in a health sciences related career then consider channeling that vocation into a career! This program offers both an option for students who wish to pursue either a professional degree in health science or an alternative career pathway for those interested in community health and well-being. The curriculum pulls from several disciplines including psychology, physiology, biology, chemistry, kinesiology, and more. Students can choose to complete either a Bachelor of Arts or a Bachelor of Science in Health and Well-being. Students complete the same coursework in year 1. By year 2 students select the degree path that meets their professional aspirations.

The **B.S. Health and Well-being** is designed for students who aspire to be an effective part of a health care team. The major allows students to take the pre-requisite courses necessary to gain admission into these graduate level professional programs such as nursing, athletic training, physical and occupational therapy, chiropractic, or other allied health related professions. This is a great degree program for the person who wants to understand the underlying cause of disease, analyze human behavior, and identify and/or implement change. Students completing this degree option can complete an area of emphasis in:

- Therapeutic Exercise and Rehabilitation.

The **B.A. Health and Well-being** prepares students for careers in community health promotion and comprehensive individual lifestyle management. Through a combination of coursework and experiential learning, students will develop the essential knowledge and skills to provide leadership and problem-solving abilities to interact with individuals and communities to promote and maintain healthy lifestyles. The focus of this degree program is to student health and well-being from different perspectives including physical health/well-being, emotional and mental health/well-being, and a healthy environment/health policy. Students completing this degree option can complete an area of emphasis in:

- Adventure and Outdoor Learning
- Aquatic Physical Activity
- Fitness
- Recreational Sport.

FACULTY

**ASSOCIATE PROFESSOR**

- Emily Murphy - Ph.D. (West Virginia University)

**TEACHING ASSISTANT PROFESSOR**

- Erin Jordan - Ph.D. (Georgia Southern University)

Admissions

Due to Covid-19 – Admission requirements may differ from what is listed on this page. Please review the most up-to-date program admission requirements for the BA/BS in Health and Well-Being ([https://admissions.wvu.edu/academic/majors/health-and-well-being/](https://admissions.wvu.edu/academic/majors/health-and-well-being/)) major.

- Incoming First-Time Freshmen and First-Time Transfer students are admitted directly to the Health and Well-being major.
- Students admitted from other majors within WVU must be in good academic standing (2.0 GPA).
- Students transferring from another institution must be in good academic standing (2.0 GPA).

**ADMISSION REQUIREMENTS 2022-2023**

The Admission Requirements above will be the same for the 2022-2023 Academic Year.

Major Code: 6836