

# Health and Well-being

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## Degree Offered

- Bachelor of Arts
- Bachelor of Science

## Nature of the Program

The degrees offered in the Health and Well-Being program offer options for students who wish to pursue either a professional degree in health science or an alternative career pathway for those interested in community health and well-being. Students can choose to complete either a Bachelor of Arts or a Bachelors of Science in Health and Well-being.

The **B.S. Health and Well-being** is designed for students who aspire to be an effective part of a health care team. The major allows students to take the pre-requisite courses necessary to gain admission into these graduate level professional programs such as nursing, athletic training, physical and occupational therapy, chiropractic, or other allied health related professions. This is a great degree program for the person who wants to understand the underlying cause of disease, analyze human behavior, and identify and/or implement change. Students completing this degree option can complete an area of emphasis in:

- Therapeutic Exercise and Rehabilitation.

The **B.A. Health and Well-being** prepares students for careers in community health promotion and comprehensive individual lifestyle management. Through a combination of coursework and experiential learning, students will develop the essential knowledge and skills to provide leadership and problem-solving abilities to interact with individuals and communities to promote and maintain healthy lifestyles. The focus of this degree program is to student health and well-being from different perspectives including physical health/well-being, emotional and mental health/well-being, and a healthy environment/health policy. Students completing this degree option can complete an area of emphasis in:

- Fitness
- Recreational Sport

## Admissions for 2025-2026

- Incoming First-Time Freshmen and First-Time Transfer students are admitted directly to the Health and Well-being major.
- Students admitted from other majors within WVU must be in good academic standing (2.0 GPA).
- Students transferring from another institution must be in good academic standing (2.0 GPA).

BA Major Code: 5502

BS Major Code: 5509

**For specific information on the following programs please see the links to the right:**

- **Health and Well-Being, B.A.**
- **Health and Well-Being, B.S.**