

# Multidisciplinary Studies, B.MdS.

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## Degree Offered

- Bachelor of Multidisciplinary Studies (B. MdS.)

## Nature of the Program

The CAHS Multidisciplinary Studies (MDS) program offers students the flexibility to create a program of study to meet a student's career aspirations in an applied human sciences field. Students develop a breadth of knowledge and a set of employable skills in the areas of applied human sciences by combining three minors of which two minors must be from CAHS (see below for list of minors). The flexibility and potential course offerings available through this major will help students succeed in both traditional and non-traditional employment opportunities in applied human science professions.

The CAHS MDS provides:

- a personalized plan of study for the ideal career.
- students with the opportunity to turn their passion for helping people build better lives into a dream career.
- students with the academic flexibility to explore unique educational opportunities offered at the University.

Minors in Applied Human Sciences:

- Addiction Studies
- Child Development and Family Studies
- Development Through Sport and Physical Activity
- Esports Management
- Exercise Psychology
- Health Coaching
- Human Services
- Personal Training and Group Fitness
- Physical Training and Performance
- Secondary STEM Education
- Special Education
- Sport and Performance Psychology
- Sport Innovation and Global Industry Trends
- Sport Coaching
- Sport Communication

It is important to know that the possibilities are only constrained by one's imagination!

## Admissions for 2026-2027

Interested students are admitted into the MDS-CAHS major. Students must have a minimum overall GPA of 2.0 to graduate from WVU. Students who fall below this 2.0 GPA will be placed on academic probation and subject to additional requirements such as required meetings with academic advisers and a retention specialist, study halls and tutoring, meeting with peer advisers, and meetings with the CAHS academic affairs committee.

Major Code: 5504

## General Education Foundations

Please use this link to view a list of courses that meet each GEF requirement. (<http://registrar.wvu.edu/gef/>)

NOTE: Some major requirements will fulfill specific GEF requirements. Please see the curriculum requirements listed below for details on which GEFs you will need to select.

Code	Title	Hours
<b>General Education Foundations</b>		
F1 - Composition & Rhetoric		3-6
ENGL 101 & ENGL 102 or ENGL 103	Introduction to Composition and Rhetoric and Composition, Rhetoric, and Research Accelerated Academic Writing	

F2A/F2B - Science & Technology	4-6
F3 - Math & Quantitative Reasoning	3-4
F4 - Society & Connections	3
F5 - Human Inquiry & the Past	3
F6 - The Arts & Creativity	3
F7 - Global Studies & Diversity	3
F8 - Focus (may be satisfied by completion of a minor, double major, or dual degree)	9
Total Hours	31-37

Please note that not all of the GEF courses are offered at all campuses. Students should consult with their advisor or academic department regarding the GEF course offerings available at their campus.

## Degree Requirements

Code	Title	Hours
University Requirements		69
Multidisciplinary Studies Major Requirements		51
Total Hours		120

## University Requirements

Code	Title	Hours
General Education Foundations (GEF) 1, 2, 3, 4, 5, 6, 7, and 8 (31-37 Credits)		
Outstanding GEF Requirements 1, 2, 3, 4, 5, 6, 7, and 8		34
One of the following:		1-2
CDFS 191	First-Year Seminar	
EDUC 191	First-Year Seminar	
CAHS 191	First-Year Seminar	
General Electives		34-33
Total Hours		69

## Multidisciplinary Studies Major Requirements

Code	Title	Hours
CAHS 300	Career Exploration in Applied Human Sciences	3
CAHS 489	Capstone Experience in AHS	3
<b>AHS Minor 1</b>		<b>15</b>
<b>AHS Minor 2</b>		<b>15</b>
<b>Additional Minor</b>		<b>15</b>
Total Hours		51

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Students must complete at least 60 credit hours of 200-400 level coursework.

## Suggested Plan of Study

First Year			
Fall	Hours	Spring	Hours
First-Year Seminar		2 GEF 2	4
GEF 1		3 GEF 6	3
GEF 5		3 GEF 8	3
GEF 7		3 Elective	3
Elective		3 Elective	3
	14		16

**Second Year**

<b>Fall</b>	<b>Hours</b>	<b>Spring</b>	<b>Hours</b>
GEF 3		3 GEF 1	3
GEF 4		3 AHS Minor 1	3
GEF 8		3 AHS Minor 1	3
GEF 8		3 Elective	3
Elective		3 Elective	3
		15	15

**Third Year**

<b>Fall</b>	<b>Hours</b>	<b>Spring</b>	<b>Hours</b>
CAHS 300		3 AHS Minor 1	3
AHS Minor 1		3 AHS Minor 2	3
AHS Minor 1		3 AHS Minor 2	3
AHS Minor 2		3 Minor 3	3
Elective		3 Elective	3
		15	15

**Fourth Year**

<b>Fall</b>	<b>Hours</b>	<b>Spring</b>	<b>Hours</b>
AHS Minor 2		3 CAHS 489	3
AHS Minor 2		3 Minor 3	3
Minor 3		3 Minor 3	3
Minor 3		3 Elective	3
Elective		3 Elective	3
		15	15

Total credit hours: 120

## Major Learning Outcomes

### MULTIDISCIPLINARY STUDIES

Program graduates will integrate the knowledge, skills, and dispositions learned across three discrete areas of study (academic minors) and apply them to complex professional problems using a multidisciplinary approach that accounts for different perspectives, various information sources and analytical tools, contextual uncertainties, and possible solutions.

Program graduates will reflect on their professional readiness and think critically about the continued refinement of the disciplinary knowledge, skills, and dispositions learned across the multidisciplinary studies curriculum.

Program graduates will model professional and ethical behaviors that are consistent with the industry standards and the related recommendations for best practice learned across the multidisciplinary curriculum.