Sport, Exercise and Performance Psychology, M.S.

Degree Requirements

Students who are accepted into the Ph.D program in Sport and Exercise Psychology will receive the M.S. degree upon completing the requirements described below.

A minimum GPA of 3.0 is required for graduation.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEP 765</td>
<td>Dissertation and Thesis Seminar</td>
<td>3</td>
</tr>
<tr>
<td>SEP 640</td>
<td>Sport and Performance Psychology</td>
<td>3</td>
</tr>
<tr>
<td>SEP 615</td>
<td>Research Methodology in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>SEP 726</td>
<td>Advanced Measurement and Research in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>SEP 697</td>
<td>Research</td>
<td>6</td>
</tr>
<tr>
<td>COUN 501</td>
<td>Counseling Theory and Techniques 1</td>
<td>3</td>
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<tr>
<td>COUN 606</td>
<td>Counseling Theory and Techniques 2</td>
<td>3</td>
</tr>
<tr>
<td>Advisor Approved Electives</td>
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<td>12</td>
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</tbody>
</table>

Total Hours: 36

Additional course requirements needed to meet 36 minimum total credits will be determined in consultation with the student's advisor. Refer to the Sport and Exercise Psychology Ph.D. Suggested Plan of Study.

Major Learning Outcomes

SPORT AND EXERCISE PSYCHOLOGY

The goal of the program is for students to graduate with the essential skills and knowledge necessary to prepare them to immediately begin a career in the field of sport and exercise psychology.

- **Content Knowledge** - Students will demonstrate knowledge and disciplinary concepts related to sport and exercise psychology.
- **Reflection and Critical Thinking** - Students will demonstrate reflection and critical thinking in order to refine professional knowledge and practice.
- **Programming and Assessment** - Students will demonstrate evidence-based knowledge and skills (and best practices) for assessing needs and for designing, implementing and evaluating performance enhancement skills across domains.
- **Professionalism and Ethics** - Students will demonstrate professional behaviors, including commitment to excellence, valuing diversity and collaboration, service to others, and techniques for lifelong learning.
- **Technology** - Students will be able to demonstrate the use of different forms of technology to assess skills and provide meaningful feedback.