

Sport, Exercise and Performance Psychology, Ph.D.

Degree Requirements

For the Ph.D. in Sport, Exercise, and Performance Psychology, students will work directly with their plan of study committee to determine the specific courses included. Doctoral plans of study are differentiated based on the student's academic background, work experience, research interests, and career goals. Students must also complete a series of research benchmarks beyond the required coursework: essential readings, qualifying project, dissertation proposal and defense, and multiple peer-reviewed manuscript submissions and/or presentations. It is expected that all students will meet their respective research benchmarks in accordance with the timelines described by their doctoral advisor (chair) and plan of study committee.

Curriculum Requirements

Code	Title	Hours
A minimum grade of B- is required unless otherwise noted.		
Disciplinary Core		9
Select three of the following:		
SEP 640	Sport and Performance Psychology	
SEP 719	Social and Psychological Foundations of Performance	
SEP 720	Psychological Sport Performance Enhancement	
SEP 721	Counseling College Student-Athletes	
SEP 722	Exercise and Health Psychology	
SEP 723	Psychological Aspects of Sport Injury	
SEP 727	Ethical/Legal Issues in sport Psychology	
SEP 793	Special Topics (3 to 6 credits)	
Professional Practice Core *		12
SEP 647	Supervision Sport Psychology (Repeated; 3-9 credits)	
SEP 690	Teaching Practicum (Repeated; Required 3 to 6 credits)	
Statistics and Research Design Disciplinary Core		
SEP 615	Research Methodology in Physical Education	3
Select three of the following:		9
EDUC 652	Statistical Methods 1	
EDUC 653	Statistical Methods 2	
EDUC 658	Survey Research Methods	
EDP 618	Mixing Research Methodologies	
EDP 711	Multivariate Methods 1	
SCFD 615	Qualitative Research Methods	
SCFD 715	Advanced Qualitative Research	
SEP 726	Advanced Measurement and Research in Physical Education	
Research Practice Core		
SEP 797	Research	9
SEP 765	Dissertation and Thesis Seminar	3
Research Benchmarks		
Complete essential readings as part of the plan of study process		
Submit a first-author, data-based manuscript for publication in a peer-reviewed journal **		
Submit a first-author, data-based or conceptual manuscript for publication in a peer-reviewed journal OR present a first-author data-based study at a national or international conference		
Submit a first-author, data-based manuscript for publication in a peer-reviewed journal as the Qualifying Project AND pass the Qualifying Project defense		
Pass dissertation proposal		
Pass dissertation defense and ETD submission and approval		

Submit a first-author, data-based manuscript for publication in a peer-reviewed journal based on the dissertation findings

Total Hours

45

*

SEP 647 repeated for 3 to 9 credits; SEP 690 repeated for 3 to 6 credits.

**

A first-author data-based article submitted prior to the student's first year can count towards this benchmark only if the submission occurred after their official admission into the program and is approved by the doctoral chair as meeting minimum quality standards.

Program Standards

Student research will be graded by program faculty each semester. Research grades will be awarded satisfactory or unsatisfactory (S/U). Additionally, doctoral student performance will be evaluated annually. Students who do not meet their research benchmarks by the prescribed deadlines could receive probation notification due to lack of progress. Failure to meet benchmark requirements beyond that point could result in suspension or dismissal from the program.

Major Learning Outcomes

SPORT, EXERCISE AND PERFORMANCE PSYCHOLOGY PH.D.

Following the completion of this program, graduates will be able to:

- Adhere to the principles and standards for ethical research in the social sciences.
- Critique and synthesize the literature in their primary field of study for the purpose of identifying gaps in the knowledge base and formulating new research questions.
- Apply theories, methodologies, and data analysis approaches to answer research questions of conceptual significance.
- Demonstrate skills in oral and written communication enough to publish and present peer-reviewed research in their primary field of study.
- Initiate an independent line of research that represents a significant contribution to the literature base in their primary field of study.