

Sport, Exercise and Performance Psychology, M.S.

Degree Requirements

There are no direct admissions into the M.S. in Sport, Exercise, and Performance Psychology. Students who are accepted into the Ph.D. program in Sport, Exercise, and Performance Psychology are eligible to receive the M.S. degree upon completing the course requirements described below. In addition to these course requirements, students will work with their faculty advisor to conduct a thesis project as an initial step in developing an independent line of research at the doctoral level.

Code	Title	Hours
A minimum grade of B- is required unless otherwise noted.		
Disciplinary Core *		12
Select 12 credits from the courses listed below:		
SEP 640	Sport and Performance Psychology	
SEP 719	Social and Psychological Foundations of Performance	
SEP 720	Psychological Sport Performance Enhancement	
SEP 721	Counseling College Student-Athletes	
SEP 722	Exercise and Health Psychology	
SEP 723	Psychological Aspects of Sport Injury	
SEP 727	Ethical/Legal Issues in sport Psychology	
SEP 793	Special Topics (3 to 6 credits)	
Counseling Core *		12
Select 12 credits from the courses listed below:		
COUN 501	Counseling Theory and Techniques 1	
COUN 606	Counseling Theory and Techniques 2	
COUN 609	Group Counseling Theory and Techniques	
COUN 622	Introduction to Clinical Mental Health	
COUN 630	Children/Adolescents/Parents	
COUN 634	Cultural Issues	
COUN 640	Addictions Counseling	
COUN 664	Ethical Issues in Counseling	
COUN 668	Crisis Trauma Grief Counseling	
Research Practice Core		
SEP 615	Research Methodology in Physical Education	3
SEP 697	Research	6
SEP 765	Dissertation and Thesis Seminar	3
Thesis Proposal		
Thesis Defense		
ETD Submission and Approval		
Total Hours		36

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Coursework will be selected in consultation with student's graduate coordinator or advisor and according to the Plan of Study.

PERFORMANCE STANDARDS

Student research will be graded by program faculty each semester. Research grades will be awarded satisfactory or unsatisfactory (S/U). Additionally, graduate student performance will be evaluated annually. Students who do not meet their research requirements by the prescribed deadlines could receive probation notification due to lack of progress. Failure to meet research requirements beyond that point could result in suspension or dismissal from the program.

Major Learning Outcomes

SPORT, EXERCISE, AND PERFORMANCE PSYCHOLOGY

Following the completion of this program, graduates will be able to:

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- Understand advanced disciplinary knowledge and the primary modes of inquiry that form the basis for evidence-informed practice in their field. (Professional Knowledge)
- Apply evidence-informed strategies in their professional practice to meet the differentiated needs of the client groups and key stakeholders whom they serve. (Professional Practice)
- Contribute to the leadership of communities of professional practice as collaborative learners who can facilitate their own continued development and that of others. (Professional Leadership)